

Homoeopathy

Homeopathy can be safely used alongside most conventional medicines. Based on our expertise and experience of the symptoms, we match the most appropriate medicine to the patient. It works on the principle of **like cures like** - that is, a substance that would cause symptoms in a healthy person is used to cure those same symptoms in illness. For example, one remedy which might be used in a person suffering from insomnia is **coffea**, a remedy made from coffee.

What we do –

1. Once in touch, we register the patient in our database & call for scanned copies & images of all the medical reports available with the patient. A processing fee of **Rs. 1500.00/- (INR)** for patients in India and **\$20.00 (USD)** for international patients applies. We subsidize this fee for low income and BPL patients. Expert homoeopathic doctors concerned from our panel reviews a summary of patient's reports and provide their opinion of which treatment option will work best.
2. We then take consent from the patient for his/her willingness to take up the treatment suggested. Panelled Homoeopaths chalk-out the best suitable homoeopathic treatment and its tentative cost including medicines. For this, patient has to deposit **the actual cost of homoeopathic medicines** and other miscellaneous expenses viz. parcel/courier/shipment/freight charges.
3. All these communications are done genuinely through Emails to maintain authenticity.

FAQs :

How Homeopathy works?

Scientifically it cannot yet be explained precisely how it works, but new theories in quantum physics are going some way towards shedding light on the process. What we do know is that a carefully selected homeopathic remedy acts as a trigger to the body's healing processes.

How long has Homeopathy been used?

Homeopathy has been used for over two hundred years, but has an honorable tradition dating back to ancient Greece. It was Samuel Hahnemann, a brilliant doctor working in 1796 who developed the scientific and philosophical foundations of this gentler way of healing. These scientific principles form the basis of successful homeopathic practice today.

Are homeopathic remedies safe?

Homeopathic remedies are a unique, potentised energy medicine, drawn from the plant, mineral and animal worlds. They are diluted to such a degree that not one molecule of the original substance can be detected (after the 12c potency). They work by gently boosting the natural energy of the body, and are very safe, even for pregnant and sensitive patients. There is no danger of addiction or toxicity.

How are the remedies discovered?

The clinical indications of our medicines are discovered in all of three ways:

- The **toxicity** symptoms (or poisoning picture, eg. vomiting and diarrhoea caused by arsenic)
- The **signature** of the medicine, an ancient medical idea based on the affinities of certain substances (eg. Deadly Nightshade, Atropa belladonna has large shiny black berries that resemble the dilated pupils of the eyes in high fever)
- The **proving**, in which the highly diluted substances are tested blind on a group of healthy volunteers who then record the symptoms they experience. Where there is agreement amongst provers, the symptoms are documented in a Repertory.

All these information are used to match the remedies with your symptoms.

How are the remedies made?

The raw extracts (from plants or animals) or triturations (from minerals and salts) are made into a **tincture** with alcohol which forms the basis of the dilution procedure. Dilutions are made up to either 1 part tincture to 10 parts water (1x) or 1 part tincture to 100 parts water (1c). Repeated dilution results in the familiar 6x, 6c or 30c potencies that can be bought over the counter: the 30c represents an infinitesimal part of the original substance.

If they are so dilute, how can they work?

After each dilution the mixture is vigorously agitated in a machine that delivers a calibrated amount of shaking. This is called succession. It is thought that this process imprints the healing energy of the medicinal substance throughout the body of water (the diluent) as if a message is passed on. The message contains the healing energy. Even in ultra-molecular dilutions, information specific to the original dissolved substance remains and can be detected.

What can homeopathy treat?

Homeopathy has a wide application, from acute fevers, sore throats and toothache, to chronic illnesses such as arthritis, eczema, asthma, anxiety, mild depression and chronic fatigue syndrome.

What happens when you consult a homeopath?

Your homeopath understands that establishing good health involves treating both mind and body, so time is taken to listen to your emotional and physical symptoms. To stimulate your body's own healing process, a remedy closest to your individual symptom picture is prescribed. Healing begins from within your body, strengthening your health and immune system, without any danger of damaging side effects.

